

“Caring For Yourself... For Those You Care About”



COLORECTAL CANCER SCREENING PROGRAM

For more information or to obtain a free test kit contact:

KeepWell Centers of CMH

(410) 414-4775 or
 (301) 855-1012, ext. 4775
 Calvert Memorial Hospital
 100 Hospital Road
 Prince Frederick, MD 20678



**Get Smart.
 Get Tested.**

Yes. I am interested in learning more about colorectal cancer screening. Please send me information on:

- Risk factors
- Signs and symptoms
- Screening guidelines
- Prevention

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Mail card to : KeepWell Center of CMH
 100 Hospital Road, Prince Frederick, MD 20678



KeepWell Centers of CMH
Healthy. For life.

100 HOSPITAL ROAD, PRINCE FREDERICK, MD 20678

Commitment to Health

What is the Colorectal Cancer Screening Program?

As part of our commitment to health, a colorectal cancer screening program is available through the KeepWell Centers of Calvert Memorial Hospital. Our goal is to decrease colorectal cancer in Calvert County. This quick and simple test is easy to fit into your busy life. It only takes a few minutes to complete. Early detection is the key to survival!

Quick
& Easy

Why do I need to know about this screening program?

Colorectal cancer is a leading cause of cancer death in the United States. More importantly, Calvert County has the second highest colorectal cancer death rate in the state. *When detected early and treated promptly, colorectal cancer is among the most curable.*

Who needs to have a fecal occult blood test?

It is recommended if:

- You are 50 or older
- You have had colorectal cancer
- You have had polyps
- You have had inflammatory bowel disease
- You have relatives who have had colorectal cancer

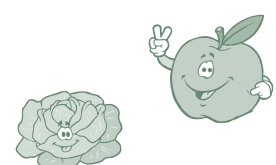
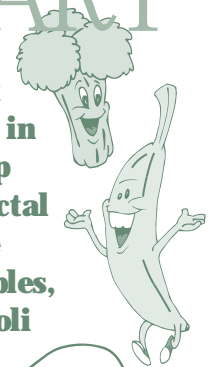
What can you do now to protect yourself?

Although screening for this disease could save thousands of lives each year, the tests that we have available to us are not used nearly enough. Complete your colorectal test kit today!

The life we save could be yours!

EAT SMART

Besides reducing your fat intake, eating a diet rich in high fiber foods may help reduce the risk of colorectal cancer. Try adding whole grain breads, cereals, apples, bananas, cabbage, broccoli and beans to your diet.



Early Detection

